



## Veneers

A Veneer is a thin layer of porcelain (usually about 0.5mm thick) which are bonded to the front surface of the teeth. Veneers can improve the colour, shape and position of teeth. A precise shape and shade of porcelain can be chosen to lighten the upper front teeth or to reshape them.

Porcelain veneers can make a chipped tooth look intact again and are also used to close small gaps, when orthodontics is not suitable or practical. If one tooth is slightly out of position, a veneer can be fitted to bring it into line with the rest of the teeth.

Veneers are attached directly to your existing tooth structure, with a minimal amount of the original tooth removed (about 0.4-0.5mm from the front surface of the tooth). We will then take an impression of your teeth that is sent to a dental technician, who makes the veneers. At the next appointment (usually one to two weeks later), we will carefully clean the repaired surfaces of the teeth and bond the veneers in place.

Porcelain is the ideal medium for veneers as it has a natural tooth colour and translucence, and resists staining. When applied to teeth using the latest dental techniques, porcelain is extremely strong and durable but it should be noted that it can chip if hit by hard objects. If you have porcelain veneers, it is advisable to avoid biting your fingernails, pen and pencil chewing, biting into stone fruits and barbecue chops and opening packets with the teeth.